

Year 7 X

Week 1 – Thursday Period 1 Week 2 – Wednesday Period 2, Thursday Period 5

HEALTH & FITNESS Focus **Charlton Values** Virtues

Year 7 Y

Week 1 –Thursday Period 3 Week 2 – Thursday Period 2, Friday Period 2

	Maria					Viitues							
	Currichar	Group 1	Group 2	Group 3	Group 4		Group 1	Group 2	Group 3	Group 4	Group 5		
	- 7 9 9	Mr Jones Mr Lawton	Miss Fozzard	Ms Byrne	Miss Johnson		Mr Jones	Mr Lawton	Miss Fozzard	Miss Johnson	Ms Byrne		
	Block 1	Multi-Skills Fitness Testing Football	Multi-Skills Fitness Testing Badminton	Multi-Skills Fitness Testing Football	Multi-Skills Fitness Testing Rugby	Components of Fitness	Multi-Skills Fitness Testing Football	Multi-Skills Fitness Testing Badminton	Multi-Skills Fitness Testing Cricket	Multi-Skills Fitness Testing Football	Multi-Skills Fitness Testing Rugby		
) - 5	Block 2	Rugby	Basketball	Netball	Football	Respect, Honesty + Fair play	Rugby	Basketball	Handball	Netball	Football		
۵	Block 3	Handball	Rugby	Badminton	Fitness	Diet	Handball	Rugby	Football	Badminton	Fitness		
5	Intra-house Dodgeball – Christmas Break												
5	Block 4	Fitness- Outside	Handball	Fitness	Badminton	Responsibility	Fitness- Outside	Handball	Rugby	Fitness	Badminton		
	Block 5	Basketball	Football	Handball	Netball	Resilience	Basketball	Football	Fitness	Handball	Netball		
	Intra-house Football / Volleyball – Easter Break												
5	Block 6	Athletics	Fitness- Outside	Rounders	Athletics	Methods of Training	Athletics	Fitness- Outside	Athletics	Rounders	Athletics		
-	Block 7	Cricket	Athletics	Athletics	Rounders	Courage	Cricket	Athletics	Net Games	Athletics	Rounders		
	Block 8	Badminton	Cricket	Rugby	Handball	Gratitude	Badminton	Cricket	Basketball	Rugby	Handball		
		Intra-House Cricket / Rounders Summer Break											

	Charlton Curriculum Maps	Year 9X Week 1 – Tuesday Period 5, Wednesday Period 1 Week 2 – Monday Period 3				HEALTH & FITNESS Focus Charlton Values Virtues	Year 9Y Week 1 –Monday Period 1 Week 2 – Monday Period 5, Tuesday Period 3					
ding		<u>Group 1</u> Mr Lawton	<u>Group 2</u> Mr Jones	Group 3 Miss Johnson Ms Byrne	<u>Group 4</u> Miss Fozzard		<u>Group 1</u> Mr Thomas	<u>Group 2</u> Mr Jones Mr Wakelin	<u>Group 3</u> Mr Lawton Mr Wakelin	Group 4 Ms Byrne Miss Johnson	<u>Group 5</u> Miss Fozzard	
mbedding	Block 1	Football	Badminton	Football	Rugby	Respect	Football	Badminton	Cricket	Football	Rugby	
nd E	Block 2	Rugby	Basketball	Netball	Football	Responsibility	Rugby	Basketball	Handball	Netball	Football	
ര	Block 3	Handball	Rugby	Badminton	Fitness	Resilience	Handball	Rugby	Football	Badminton	Fitness	
-E	Intra-house Dodgeball – Christmas Break											
Developing	Block 4	Fitness- Outside	Handball	Fitness	Badminton	Fair play	Fitness- Outside	Handball	Rugby	Fitness	Badminton	
Ž	Block 5	Basketball	Football	Handball	Netball	Honesty	Basketball	Football	Fitness	Handball	Netball	
De	Intra-house Football / Volleyball – Easter Break											
PE: 1	Block 6	Athletics	Fitness- Outside	Rounders	Athletics	Courage	Athletics	Fitness- Outside	Athletics	Rounders	Athletics	
Year 9	Block 7	Cricket	Athletics	Athletics	Rounders	Inclusion	Cricket	Athletics	Net Games	Athletics	Rounders	
X	Block 8	Badminton	Cricket	Rugby	Handball	Excellence	Badminton	Cricket	Basketball	Rugby	Handball	
	Intra-House Cricket / Rounders Summer Break											

	Charlton Curriculum Maps	Year 11X Week 1 – Wednesday Period 4, Friday Period 5 Week 2 – Wednesday Period 5, Friday Period 4					HEALTH & FITNESS Focus Charlton Values Virtues	Year 11Y Week 1 –Wednesday Period 5, Friday Period 4 Week 2 – Wednesday Period 4, Friday Period 5					
Applying	V V	Group 1	Group 2	Group 3	Group 4	<u>Group 5</u>		<u>Group 1</u>	Group 2	Group 3	Group 4	<u>Group 5</u>	
Embedding and A	Term 1	Football	Badminton	Pickleball	Fitness	Basketball- Outside And Flag Football: (Period 4 lessons only)	Careers Careers	Football	Badminton	Pickleball	Fitness	Basketball- Outside And Flag Football: (Period 4 lessons only)	
11 PE: Embe	Term 2	Football	Badminton	Dodgeball	Fitness	Basketball- Outside And Flag Football: (Period 4 lessons only)	Citizenship Determination	Football	Badminton	Dodgeball	Fitness	Basketball- Outside And Flag Football: (Period 4 lessons only)	
Year 2	Term 3	Football	Badminton	Pickleball	Fitness	Basketball- Outside And Flag Football: (Period 4 lessons only)	Inclusion Careers Perseverance Careers	Football	Badminton	Pickleball	Fitness	Basketball- Outside And Flag Football: (Period 4 lessons only)	