

WEEK ONE

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

MAC & CHEESE
With Crunchy
Topping

BEEF CHILLI
with Rice and
Sour Cream



**PORK OR
CHICKEN
SAUSAGE**
Roast Potatoes
and Gravy

**CHICKEN
TIKKA
MASALA**
With 50/50
Rice



**CHIP SHOP
FRIDAY**
with Chips &
Garden Peas

OPTION #2

**QUORN &
VEGETABLE
CHOW MEIN**

**FALAFEL
WRAPS**
with Couscous
and Mint &
Yoghurt Dip

**VEGAN
SAUSAGE**
With Roast
Potatoes and
Gravy



**SWEET
POTATO &
CHICKPEA
CURRY**
with 50/50
Rice



**CHEESE & LEEK
PASTA BAKE**
with Chips and
Garden Peas

ON THE SIDE

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

DESSERT OF THE DAY

SELECTION OF
HOMEBAKES

SELECTION OF
HOMEBAKES

HOT PUDDING &
CUSTARD

SELECTION OF
HOMEBAKES

SELECTION OF
HOMEBAKES



CHECK OUT

OUR HOT AND
COLD GRAB &
GO SELECTION

MEAL DEAL PRICE

XXX

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE AN ALLERGY AND NEED TO KNOW
WHAT'S INSIDE OUR FOOD DISHES. THEY
WILL ADVISE YOU OF YOUR AVAILABLE
CHOICES.

PLEASE SEE OUR THEME
DAYS AND SPECIAL OFFERS

caterlink
feeding the imagination

WEEK TWO

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

**SWEET &
SOUR
VEGETABLES**

With Potato
Wedges



**BEEF
LASAGNE**

with Garlic Bread
and Slaw



**CHEFS PIE OF
THE DAY**
with New
Potatoes



**JERK
CHICKEN
WRAP**

With
Reggae Reggae
Wedges &
Pineapple Slaw

**CHIP SHOP
FRIDAY**

with Chips,
Mushy Peas
and Gravy/
Curry Sauce

OPTION #2

**CRUNCHY
VEGETABLE
PASTA BAKE**

with Garlic Bread

**VEGETABLE
LASAGNE**

With Garlic
Bread and Slaw



**LEEK, ONION &
POTATO
TRAY BAKE**

**CURRIED
SQUASH &
BUTTERBEAN
STEW**

with Rice and
Peas & Slaw



**Vegetable
Burger**

with Chips



ON THE SIDE

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

DESSERT OF THE DAY

SELECTION OF
HOMEBAKES

SELECTION OF
HOMEBAKES

HOT PUDDING &
CUSTARD

HOT PUDDING &
CUSTARD

SELECTION OF
HOMEBAKES



CHECK OUT

OUR HOT AND
COLD GRAB &
GO SELECTION

MEAL DEAL PRICE

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WEEK THREE

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

CHEESY
CHILLI
CHICKEN
PASTA

YAMAS!

CHICKEN
SOUVLAKI
with Golden
Rice or
Seasoned
Potatoes

ROAST OF
THE DAY
New Potatoes
& Gravy

ENCHILADAS
Chicken
Served With
Rice



CHIP SHOP
FRIDAY
with Chips, Mushy
Peas and Gravy/
Curry Sauce

OPTION #2

SPAGHETTI
& PLANT
BASED
MEATBALLS



SPINACH &
CHEESE
WHIRL
Golden Rice or
Seasoned
Potatoes

ROASTED
VEG
WELLINGTON
with New
Potatoes &
Gravy



MEXICAN
SOYA CHILLI
with 50/50
Rice and Sour
Cream



VEGAN
SAUSAGE
Chips, Mushy
Peas
& Gravy/
Curry Sauce

ON THE SIDE

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

DESSERT OF THE DAY

SELECTION OF
HOMBAKES



SELECTION
OF
HOMBAKES



HOT PUDDING &
CUSTARD

SELECTION OF
HOMBAKES

SELECTION OF
HOMBAKES

CHECK OUT

OUR HOT AND
COLD GRAB &
GO SELECTION

MEAL DEAL PRICE

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