



PSHE Learning Journey Year 9



SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

Core Theme 1	Rights, responsibilities and British Values
Core Theme 2	Celebrating Diversity and Equality
Core Theme 3	Relationships and Sex Education
Core Theme 4	Staying Safe Online and Offline (CSE)
Core Theme 5	Health & Wellbeing
Core Theme 6	Life Beyond School (Careers)

LIFE BEYOND SCHOOL (CAREERS)

- From failure to success
- Importance of happiness
- What is anger?
- Saving and managing money
- Employment & financial management
- Social media & online stress

Advance to Year 10 ★★★★★

Year 9



HEALTH AND WELLBEING



- Self esteem changes
- What is a penis?
- What is a vulva?
- HBT – Bullying in all its forms



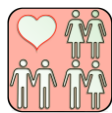
STAYING SAFE ONLINE AND OFFLINE (CSE)

- Introduction to drugs
- Different types of addictions
- Cannabis products
- Drug classifications
- Party Drugs
- Exploring illegal drugs and effects
- Volatile substance abuse

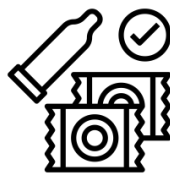
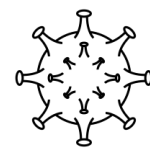
Year 9



RELATIONSHIPS AND SEX EDUCATION



- Sexual consent & the law
- FGM & the law
- Delaying sexual activity
- Why have sex?
- Pleasure & masturbation
- What are STI's?



CELEBRATING DIVERSITY AND EQUALITY

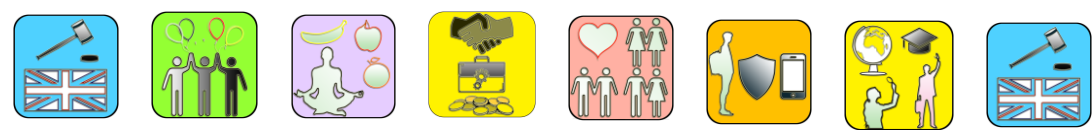
- STI lesson
- Condom lesson
- Contraception explored further
- Sexual harassment and stalking
- HIV and AIDS

RIGHTS, RESPONSIBILITIES AND BRITISH VALUES

- Conspiracy theories and extremist narratives
- Extremism
- What is terrorism?
- Proud to be British
- The radicalisation process
- Counter terrorism

Year 9

CURRICULUM OVERVIEW



RSE 2020 COMPLIANT

HEALTH 2020 COMPLIANT

GATSBY BENCHMARKS

CURRICULUM OVERVIEW

SPIRAL THEMATIC APPROACH

- Rights, Responsibilities and British Values
- Celebrating Diversity and Equality
- Relationships & Sex Education
- Staying Safe Online & Offline
- Health and Wellbeing
- Life Beyond School

- Progress and Assessment
- Themed PSHE Projects
 - Confidence Checkers
 - PSHE App
 - End of unit Quizzes
 - Graduation portfolios

Welcome

Final Steps and Progression