



PSHE Learning Journey Year 8



SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

Core Theme 1	Rights, responsibilities and British Values
Core Theme 2	Celebrating diversity and equality
Core Theme 3	Relationships and Sex Education
Core Theme 4	Staying Safe Online and Offline (CSE)
Core Theme 5	Health and Wellbeing
Core Theme 6	Life beyond school (Careers)

LIFE BEYOND SCHOOL (CAREERS)

- Employability skills practice
- Proud to be me and careers
- Careers interests and job ideas
- Self esteem & the media
- Labour market information
- Exploring careers

Advance to Year 9 ★★★★★

Year 8

HEALTH AND WELLBEING

- Health & wellbeing
- What is mental health?
- Positive body image
- Child abuse
- Types of bullying
- Healthy eating and cholesterol
- Stress management

Year 8

STAYING SAFE ONLINE AND OFFLINE (CSE)

- County Lines- What is it?
- County Lines- Who is at risk?
- Substance Misuse
- Online Safety- Cyber Bullying

Year 8

RELATIONSHIPS AND SEX EDUCATION

- Introduction to RSE
- Healthy relationships
- Dealing with conflict
- Sexual orientation
- Gender identity & Equality Act
- Introduction to contraception
- What is love?
- Periods & Menstrual cycles

Year 8

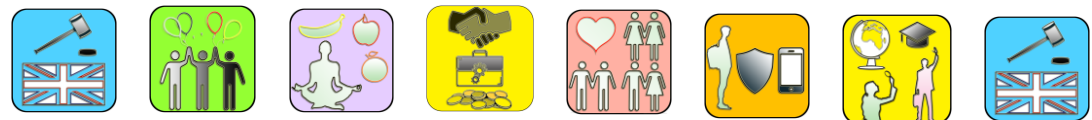
CELEBRATING DIVERSITY AND EQUALITY

- LGBT What is it?
- Homophobia in school
- Supporting those that are LGBT
- Challenging homophobia
- Transphobia
- Coming out

RIGHTS, RESPONSIBILITIES AND BRITISH VALUES

- Desert Island living
- What is community spirit
- Decision making & constitution
- Criminals law & society
- Law making process in the UK
- Prisons & reform
- Punishment & Restorative justice

Year 8



RSE 2020 COMPLIANT

HEALTH 2020 COMPLIANT

GATSBY BENCHMARKS

CURRICULUM OVERVIEW

SPIRAL THEMATIC APPROACH

- Rights, Responsibilities and British Values
- Celebrating Diversity and Equality
- Relationships & Sex Education
- Staying Safe Online & Offline
- Health and Wellbeing
- Life Beyond School

Progress and Assessment

- ✓ Themed PSHE Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of unit Quizzes
- ✓ Graduation portfolios

Welcome

Final Steps and Progression