



PSHE Learning Journey Year 11



SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

Core Theme 1	Rights, Responsibilities and British Values
Core Theme 2	Celebrating Diversity and Equality
Core Theme 3	Relationships and Sex Education
Core Theme 4	Staying Safe Online and Offline (CSE)
Core Theme 5	Health & Wellbeing
Core Theme 6	Life Beyond School (Careers)

LIFE BEYOND SCHOOL (CAREERS)

- Ambition and Aspiration
- Study Sanctuary
- Growth Mindset
- Memory and Stress
- Retrieval practice
- Revision Cards
- Looking after your wellbeing and sleep

Go to Sixth Form ★★★★★★
Go to College ★★★★★★
Start an Apprenticeship ★★★★★★

Year 11

HEALTH AND WELLBEING

- Organ Donation
- Teenage Pregnancy Choice
- Alcohol and Bad Choices
- Importance of Sexual Health
- Revisiting Contraception
- Revisiting STI's
- Respect and Relationships

Year 11

STAYING SAFE ONLINE AND OFFLINE (CSE)

- Honour Based Violence
- Forced Marriages
- Modern Day Slavery
- Causes of Knife crime
- Festivals and Drugs and Nitrous Oxide
- Online Gambling
- Online Rep and Digital Footprints

Year 11

RELATIONSHIPS AND SEX EDUCATION

- Peer on peer bullying
- Fertility and what impacts it
- Abortion Laws, Morals and Ethics
- Testicular and Prostate Cancer
- Cervical and Ovarian Cancer
- Parenthood
- Love and Abuse

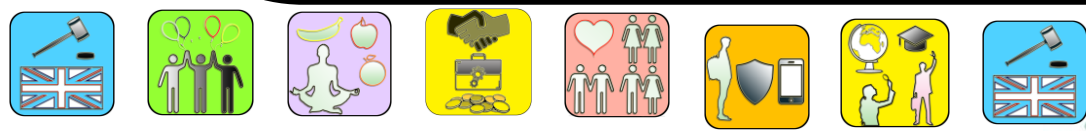
Year 11

LIFE BEYOND SCHOOL (CAREERS)

- Life Beyond School
- Writing a Personal Statement
- Planning for the Future
- Personal Branding
- College and Post 16 Applications
- Exam Stress and Anxiety
- Time Management

Year 11

CURRICULUM OVERVIEW



RSE 2020 COMPLIANT

HEALTH 2020 COMPLIANT

GATSBY BENCHMARKS

CURRICULUM OVERVIEW

SPIROL THEMATIC APPROACH

- 1) Rights, Responsibilities and British Values
- 2) Celebrating Diversity and Equality
- 3) Relationships & Sex Education
- 4) Staying Safe Online & Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

welcome

Progress and Assessment

- End of unit Quizzes
- Graduation portfolios
- Confidence Checkers

Final Steps and Progression

