Year 7

Autumn Term Starting as we mean to go on	Spring Term Expressing myself effectively	Summer Term Making good decisions
Organisation: Introducing Organisation	**Resilience:** What does resilience mean?	**Initiative:** What is 'Initiative'?
Organisation: Organised leadership	**Resilience:** Coping with change	**Initiative:** Do I enjoy putting myself forward?
Organisation: Starting as we mean to go on	**Resilience:** When am I resilient?	**Initiative:** How do I react when something goes wrong?
Them and Us: What are organised acts of kindness?	**Them and Us:** What are acts of kindness?	**E-safety:** Introduction to E-safety
Them and Us: The benefits of being involved	**Them and Us:** The difference between being nice and being kind	**E-safety:** Digital footprint
Them and Us: Pushing yourself to the limit for others	**Them and Us:** Kindness - what does it look like?	**Wellbeing:** The importance of goals and achievement
Wellbeing: Introduction to 'My Life'	**Communication:** What do we mean by 'effective' communication?	**Leadership:** What is leadership and why is it important?
Wellbeing: My hobbies	**PiXLOrate:** Introduction to Oracy	**Leadership:** Choosing leaders
Wellbeing: Feelings	**PiXLOrate:** Self-assessment	**Leadership:** Who am I as a leader?
Them and Us: What are harmful actions?	**Communication:** Dealing with confrontation	**Wellbeing:** Introduction to Mental Health
Them and Us: A world without harm?	**PiXLOrate:** Listening and Responding	**Wellbeing:** Mental Health Self-Assessment
Them and Us: The power of our words	**Communication:** Communicating in Learning	**Wellbeing:** How being active impacts mental health

Year 8

Autumn Term Celebrating our differences	Spring Term Thinking with a clear head	Summer Term Committing to growth
Leadership: There's no 'I' in team	**Initiative:** When did I last show initiative?	**Organisation:** Organised problem solving
Leadership: Putting together a team	**Initiative:** Taking the initiative in my learning	**Organisation:** Planning events
Leadership: How I like to be led	**Initiative:** Approaching problems with a clear head	**Organisation:** Approaching challenges in an organised way
Them and Us: The cycle - thoughts-words-deeds	**Futures:** Routes to work	**Them and Us:** What is an 'open' character?
Them and Us: Positive reinforcement: the Feel Good Factor	**Wellbeing:** Stigma	**Them and Us:** What is a 'closed' character?
Them and Us: Recognising difference as a good thing	**Wellbeing:** Positivity	**Them and Us:** Why is it important to see each other as human first?
Communication: Structure of a debate	**Them and Us:** Everyday kindness	**Resilience:** What is a growth mindset?
Communication: Expressing opinion through debate	**Them and Us:** Kindness: worth so much, yet costs nothing	**Resilience:** What are my strengths and weaknesses?
Communication: Using debate to improve school work	**Them and Us:** Thinking outside the box	**Resilience:** No mistakes = no progress
E-safety: Social Media (Pt 1)	**PiXLOrate:** Clarifying and summarising	**Wellbeing:** Personal growth (Pt 1)
E-safety: Social Media (Pt 2)	**PiXLOrate:** Audience Awareness	**Wellbeing:** Personal growth (Pt 2)
E-safety: Cyberbullying	**PiXLOrate:** Self-regulation	**Wellbeing:** Opportunities

Year 9

Autumn Term Finding my voice	Spring Term Adapting my voice	Summer Term Growing in confidence
PiXLOrate: Voice	**Them and Us:** Impact of being offended	**Wellbeing:** Pride
PiXLOrate: Body language	**Them and Us:** Respecting those who are not the same as us	**Wellbeing:** Pride in the environment
PiXLOrate: Working with others	**E-safety:** Online behaviour	**Wellbeing:** Confidence
Them and Us: Helping each other to grow	**Communication:** Content and rhetoric	**Resilience:** What makes people quit?
Them and Us: How to deliver feedback sensitively	**Communication:** Social media and communication	**Resilience:** Overcoming barriers
Them and Us: How to handle receiving feedback	**Communication:** Communication in the workplace	**Resilience:** Turning setbacks into success
Leadership: What is the difference between managing and leading?	**Organisation:** What does an organised person look like?	**Futures:** Competitive advantage
Leadership: Motivational leadership	**Organisation:** Organisation in the future	**Initiative:** What's so good about showing initiative?
Leadership: Motivating myself	**Organisation:** What organisational techniques work for me?	**Initiative:** Initiative and growth mindset
Them and Us: What is respect?	**PiXLOrate:** Content	**Initiative:** Solution-based and problem-based thinking
Them and Us: Is my language respectful?	**PiXLOrate:** Structure	**Them and Us:** The impact of valuing people
Them and Us: Breaking down language	**PiXLOrate:** Rhetorical techniques	**Them and Us:** Ways to show that you value people

Year 10

Autumn Term Owning my journey	Spring Term Owning my actions	Summer Term Owning my decisions
Wellbeing: Mindset Assessment	**Them and Us:** Physical Harm	**Leadership:** What is 'strong' leadership? Using your heart and head
Wellbeing: Mind Training (Pt 1)	**Them and Us:** Psychological Harm	**Leadership:** Command and Control versus Discuss and Decide
Wellbeing: Mind Training (Pt 2)	**Them and Us:** Harm online	**Leadership:** Why do employers want leadership skills?
Organisation: What organisational skills do I need at school?	**Them and Us:** Helping 'them' groups at risk of harm	**Power to Perform:** Mental Energy (Pt 1)
Organisation: Balancing importance and urgency	**Them and Us:** How can we protect each other in society?	**Power to Perform:** Mental Energy (Pt 2)
Organisation: Organising 'things' and organising myself	**Resilience:** Emotional, psychological and physical resilience	**PiXLOrate:** Confidence in speaking
Initiative: From setbacks to success	**Resilience:** What is my motivation?	**PiXLOrate:** Appraisal and Looking Ahead
Initiative: Active learning	**Resilience:** Motivating myself	**Futures:** Which Apprenticeship?
Initiative: Working independently	**Futures:** How to build a portfolio	**Futures:** What is a university and why go to one?
Power to Perform: Performance	**Communication:** What do I find effective?	**Wellbeing:** Recharge
Futures: Career Development	**Communication:** Giving and receiving constructive criticism	**Wellbeing:** Making choices (Pt 1)
Futures: The Labour Market	**Communication:** Interviews	**Wellbeing:** Making choices (Pt 2)

Year 11

Autumn Term	Spring Term	Summer Term
Breaking down the journey	**Charting the course**	**Finishing with pride**
Resilience: Breaking down the journey	**Initiative:** Spotting a gap in the market	
Resilience: Using PLCs to support resilience	**Initiative:** Continual challenge	
Resilience: Self-evaluation and self-criticism	**Initiative:** Positive thinking	
Organisation: Presenting organised arguments	**Futures:** Apprenticeships	
Organisation: Organising with clear communication	**Futures:** What courses are available at University?	
Organisation: Organisation and curricular studies	**Futures:** What are the different types of University?	
Wellbeing: Mental Health (Pt 1)	**Leadership:** Leadership and humility	
Wellbeing: Mental Health (Pt 2)	**Leadership:** When leaders make mistakes	
Wellbeing: Mental Health (Pt 3)	**Leadership:** How I react when things go wrong	
Communication: The 'echo chamber'	**Wellbeing:** Mental Toughness (Pt 1)	
Communication: Disagreeing with people and disagreeing with opinions	**Wellbeing:** Mental Toughness (Pt 2)	
Communication: Career pathways	**Wellbeing:** Mental Toughness (Pt 3)	

Due to the hectic nature of the summer term for Year 11 students, with the looming pressure of GCSEs, we have elected not to structure a full term's worth of resources as we felt their delivery would be unrealistic at this time.

QuickStart – Character Learning Journey

YEAR 7

Autumn Term:
Starting as we mean to go on

- Students learn about personal organisation and can identify what is important in their lives
- Students understand the power of words for good and for harm, and organise acts of kindness

Spring Term:
Expressing myself effectively

- Students can reflect on how they show resilience to overcome barriers
- Students can reflect on how they communicate, especially with those who are not like them

Summer Term:
Making good decisions

- Students can reflect on their decision-making, including their online behaviour and lifestyle choices
- Students learn about what it means to take initiative, to set goals and to lead others

YEAR 8

Autumn Term:
Celebrating our differences

- Students learn how to appreciate and handle differences effectively within a team
- Students engage in productive discussion and have the tools to navigate verbal and online communication appropriately

Spring Term:
Thinking with a clear head

- Students can reflect on their decision-making and thought processes to ensure a positive approach to future choices
- Students engage with different groups/audiences in ways which promote clear communication and inclusivity

Summer Term:
Committing to growth

- Students approach problems and challenges in a methodical and open-minded way
- Students understand that honest reflection and clear vision are fundamental to personal development and building resilience

YEAR 9

Autumn Term:
Finding my voice

- Students can moderate their voice and body language when presenting their view to a group and when feeding back to individuals
- Students understand the importance of motivation and respect for effective leadership

Spring Term:
Adapting my voice

- Students use appropriate language in all settings, including online and in formal situations
- Students can identify organisational techniques that work for them and can apply organisation to their speech

Summer Term:
Growing in confidence

- Students develop a sense of pride and confidence to help them overcome setbacks
- Students appreciate the attractiveness of both initiative and interpersonal skills to those around them and to future employers

YEAR 10

Autumn Term:
Owning my journey

- Students embrace challenge as a means to improve, and can effectively prioritise
- Students understand strategies to build independence and enhance performance

Spring Term:
Owning my actions

- Students can identify and act when others are at risk of harm, and can demonstrate compassion
- Students are increasingly self-motivated and resilient, embracing feedback as a means to progress

Summer Term:
Owning my decisions

- Students understand that both logic and empathy contribute to a strong personal performance as an individual and as a leader
- Students can reflect and recharge, informing their decision-making and allowing them to sustain strong performance