

A photograph of three young adults in an outdoor setting. On the left, a woman with long blonde hair is seen from the back, wearing a black top. In the center, a young man with a goatee and curly hair, wearing a white and blue baseball-style t-shirt, is looking towards the woman on the right. On the right, a young woman with dark, wavy hair, wearing a bright yellow top, is smiling and looking back at the man. The background features a stone wall, a concrete staircase, and lush green foliage. A large, stylized text overlay is positioned at the bottom of the image.

TEAMWORK


TEAMWORK SKILLS



How will they
help you in life?



There is no "I" in "team"



You can still shine
as a person when
you help your
team

We all have
unique skills
and strengths

When we work
together... that's
when the magic
happens

By the end of this video you will...



See why
teamwork is
important

See which
different roles
you can play in
a team

Learn great
ways to boost
your teamwork
skills



What is teamwork?



- 1 Working well in groups to make shared goals a success
- 2 Listening carefully to other people in a group
- 3 Having your own say and sharing your ideas
- 4 Share responsibility for a project's failure or success

Why is teamwork important?



- 1 You often work in a group. You can't fly solo all your life.
- 2 Teamwork helps shared dreams and goals come true
- 3 You'll enjoy projects more if you feel comfortable in teams
- 4 Employers love it when you show you work well in teams!

Which team personality are you?



**THE ONE WHO
DOESN'T PULL
THEIR WEIGHT**

NOTE TAKER

IDEAS PERSON

ORGANISER

**THE ONE WHO GETS
THINGS DONE**

We all have different important skills and strengths... like players in football teams. Which role do YOU play in a team?

Boosting teamwork skills in school



Work well in pairs
or groups on
study projects

Join a sports
team, choir or
drama production

Take part in
community and
charity events like
fun runs

How do teamwork skills help you grow?



- 1 Boost your confidence in sharing your own ideas
- 2 Get known as a good listener – you let others speak
- 3 Help create a positive group atmosphere
- 4 Get that feelgood glow from helping others
- 5 Listen to teachers & team leaders – soak up info!
- 6 Take responsibility for your tasks on projects

Teamwork at work - did you know?



Q. What's the difference between a good team and a bad team?

A. How well everyone works together.

Most jobs involve you working in a team.



Teamwork at work... getting along



You'll become good at working with people with all kinds of...

**SKILLS
+
ABILITIES**

GOALS

INTERESTS

PERSONALITIES

BACKGROUNDS

How to grow your teamwork skills



- 1 Volunteer for team projects
- 2 Don't just say "I" can do this. Say WE can do this.
- 3 Contribute ideas and effort to group projects
- 4 Listen to others as well as sharing your ideas
- 5 Help others get involved
- 6 Join a local group (e.g. after-school clubs, volunteering)

