

Charlton School Personal Development Curriculum Overview 2022-2023



Charlton School

Year 7						
	Autumn Term – Starting as we mean to go on		Spring term – Expressing myself effectively		Summer term – Making good decisions	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Wellbeing theme	Finding the Balance		Supporting myself and Healthy lifestyles		Heathy Minds	
Year 7 PSHEE Rights responsibilities and British values Celebrating diversity and equality Relationships and sex Education Staying safe online and offline (CE) Health and wellbeing Life Beyond school	Rights responsibilities and British values Why is politics important? How is our country run? Creating a political party Elections and Campaigning Political debates and Parliament Exploring Inside Parliament Who is Prime Minister?	Celebrating diversity and equality Multicultural Britain What is your identity? Nature V's Nurture The Equality Act 2010 Breaking Down Stereotypes Prejudice and Discrimination Challenging Islamophobia	Relationships and sex education Consent and Boundaries Respect and Relationships What makes a good friend? Friendships and managing them. Being positive Pressure and Influence What does it mean to be a man in 2020?	Staying safe online and offline (CSE) Avoiding Gangs Staying Safe Online Online Gaming and Fortnight Drugs Education (Alcohol and Smoking) Drugs E-Cigs, Vaping and Sisha Drugs (Energy Drinks and caffeine)	Health and wellbeing Introduction to Puberty Puberty Girls Focus Puberty Boys Puberty (Personal Hygiene) Growing up and FGM Assertive Consent Self esteem	Life Beyond school Getting to know people. What is a community? Careers and your future Sleep and relaxation Financial Education Transition points and your life
Why this why now?	KS2 Catch up (Puberty) Knowledge about how the country is run as students are participating in school elections etc	Introducing tolerance and respect, ties in with first unit of the RE Curriculum. Recognizing the more diverse mix of cultures at secondary in comparison to smaller (sometimes faith) schools.	Physical location, move to wellington from rural areas	Local Context (Antisocial behaviour)	Growing proportion of Nigerian children and BACR students who may be aware of holidays planned for the summer	Ready to transition to Y8
Year 7 CE day (Summer School)	Lucy Faithfull HSB and CSE LOUDMOUTH Bully 4 U RSE – KS2 content catch up (Puberty) Kooth – Wellbeing Local Offer LGBTQ+ Prevent British Values Protected Characteristics Tootoot 4 schools virtual assembly		Anti-Bullying 'Stand Against Violence' Child on Child Abuse E-Safety Prevent British Values Protected Characteristics Metacognition Staying Safe Online Resilience 'Positively Mad' NHS Careers Sexual Harassment	Prevent (County Lines, Knife Crime and Extremism) Police. Safeguarding Update Protected characteristics, British Values. Just Like Us LGBTQ+ Better Health/Every Mind Matters PHE Bullying and Online Bullying (PAC) Climate Change - Plastic Free Communities and 'Sustainable' T&W 'Be Cool be Safe' Fire Service		

<p>Year 7 Character Education Year group assemblies and reflection.</p> <ul style="list-style-type: none"> • Organisation • Them and Us 	<p>Organisation: Introducing organisation and Organised Leadership Organisation: Starting as we mean to go on</p>	<p>Introduction to 'my life' and 'my hobbies'. Feelings. 'What are harmful actions'</p>	<p>Resilience: What does resilience mean and coping with change. When am I resilient?</p>	<p>What do we mean by effective communication? Dealing with confrontation. communicating and learning. An introduction to Oracy</p>	<p>What is initiative? Do I enjoy putting myself forward? How do I react when something goes wrong?</p>	<p>What is leadership and why is it important? Choosing leaders. Who am I as a leader? And an introduction to mental health.</p>
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<ul style="list-style-type: none"> Wellbeing Resilience PIXL Orate Communication Initiative E-Safety Leadership 	<p>'them and Us': What are organised acts of Kindness? Them and Us: The benefits of being involved Pushing others to the limit for ourselves. Into Adulthood</p>	<p>A world without harm and 'the power of our words' Tools of Virtue</p>	<p>And 'them and us' what are acts of kindness? 'Them and Us' What is the difference between being nice and being kind? and what does kindness look like? How can kindness change the world?</p>	<p>Self-assessment. Listening and responding,</p>	<p>Introduction to e-safety and Digital footprint The importance of goals and achievement.</p>	<p>Mental health self-assessment. How being active impacts mental health?</p>
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Year 8						
	Autumn Term – Celebrating our differences		Spring term – Thinking with a clear Head		Summer term – Committing to Growth	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Wellbeing theme	Finding the Balance		Supporting myself and Healthy lifestyles		Heathy Minds	
<p>Year 8 PSHEE Rights responsibilities and British values Celebrating diversity and equality Relationships and sex education Staying safe online and Health and wellbeing Life Beyond school</p>	<p>Rights responsibilities and British values Desert Island Living Desert Island (Building a community) Desert Island (Making decisions) Criminals, Law and Society Law making in the UK. Prisons reform and punishment</p>	<p>Celebrating diversity and equality LGBT What is it? Homophobia in School Supporting those that are LGBTQ Challenging homophobia Transphobia Coming Out Intro to Relationships and Sex Education</p>	<p>Relationships and sex education Healthy Relationships Dealing with conflict Sexual Orientation Gender Identity Introduction to Contraception What is Love Periods and Menstrual Cycle</p>	<p>Staying safe online and offline (CSE) County Lines County Lines (who is at risk) Substance Misuse Online Safety – Cyber Bullying Grooming Boys and Girls Drugs (Alcohol Safety) Child exploitation online</p>	<p>Health and wellbeing Health and Wellbeing What is Mental Health Positive Body Image Child Abuse Types of Bullying Healthy eating and Cholesterol Stress management</p>	<p>Life Beyond school Employability Skills Practice Proud to be me + Careers. Career Interests and Job ideas Self Esteem and the Media Labor Market Information Exploring Careers</p>
Why this why now?	<p>Becoming more aware of the community around them and spending more time independently managing themselves in the community.</p>	<p>Puberty, students may begin to question there own sexuality as they mature and become aware of diversity within the school community.</p>	<p>Dealing with emotions and preferences and being aware of how these can be influenced by menstrual cycle</p>	<p>Local safeguarding context. CSE and CE.</p>	<p>We see a spike in Y8 referrals for self harm and relationships with food.</p>	<p>Build skills to prepare for taking options in Y9.</p>
Year 8 CE day	<p>Lucy Faithfull HSB and CSE LOUDMOUTH Bully 4 U Secondary Kooth – Wellbeing Prevent British Values Protected Characteristics Tootoot Green Careers Veolia 4 schools virtual assembly</p>		<p>Anti-Bullying 'Stand Against Violence' NHS Careers Sexual Harassment Child on Child Abuse E-Safety Prevent British Values Protected Characteristics</p>	<p>Prevent (County Lines, Knife Crime and Extremism) Police. Safeguarding Update Protected characteristics, British Values. Just Like Us LGBTQ+ Better Health/Every</p>		

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				Bullying and Online Bullying (PAC) Climate Change - Plastic Free Communities and 'Sustainable' T&W Forensics – Careers (Police presentation)		
Year 8 Character Education Year group assemblies and reflection. <ul style="list-style-type: none"> • Organisation • Them and Us • Wellbeing • Resilience • PIXL Orate • Communication • Initiative • E-Safety • Leadership • Futures 	<p>There is no I in team and putting together a team. How I like to be led.</p> <p>Positive re-enforcement and Kindness. Generous with praise. thoughts – words – deeds'.</p> <p>Recognising difference as a good thing.</p>	<p>Structure of a debate and expressing opinion through debate. Using debate to improve schoolwork.</p> <p>'Social Media' Social Media and Cyberbullying.</p> <p>The Joy of Stress!</p>	<p>When did I last show initiative? And taking initiative in my learning. Approaching problems with a clear head.</p> <p>'routes to work'</p>	<p>'Them and Us' Everyday kindness and kindness costs nothing. Thinking outside the box. Clarifying and summarising. Orate: Audience Awareness and self-regulation</p> <p>Wellbeing: Stigma and Responsibility</p>	<p>Organisation, problem solving and planning events. Approaching challenges in an organised way</p> <p>'what is an open and closed character?' Why its important to see each other as human first.</p>	<p>Resilience, what is a growth mindset and what are my strengths and weaknesses? No Mistakes=no progress</p> <p>Personal growth part 1. Personal growth part 2 and Opportunities</p>

Year 9						
	Autumn Term – Finding my voice		Spring term – Adapting my voice		Summer term – Growing in confidence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Wellbeing theme	Finding the Balance	Supporting myself and Healthy lifestyles	Heathy Minds	Wellbeing theme	Finding the Balance	Supporting myself and Healthy lifestyles
Year 9 PSHEE Form time Rights responsibilities and British values Celebrating diversity and Equality Relationships and sex Education Staying safe online and offline (CSE) Health and wellbeing Life Beyond school	Rights responsibilities and British values Conspiracy Theories and Extremist Narratives Extremism What is Terrorism Proud to be British The Radicalisation process Counter Terrorism Anti-Semitism	RSE STI Lesson Contraceptives Available Condom Lesson Contraception Explored Further Sexual Harassment and Stalking HIV and Aids Aids Prejudice and Discrimination	Relationships and sex education (RSE) Sexual Consent and the Law FGM and the Law Delaying Sexual Activity Why have Sex. Relationships and Partners What are STI's	Staying safe online and offline (CSE) Introduction to Drugs Different Types of Addictions Cannabis Products Drug Classifications Party Drugs Illegal Drugs Volatile Substance Abuse	Health and wellbeing Self Esteem Changes What is a penis? What is a vulva? Homophobic Bullying and Bullying in all its forms. Dealing with grief and loss Media and airbrushing Cancer Prevention & Healthy Lifestyle	Life Beyond school From failure to success First Aid lesson Importance of Happiness What is Anger? Saving and Managing Money Employment and Financial Social Media and Online Stress
Why this why now?	Students awareness of terrorism heightened and beginning to express their beliefs and views.	Increase in sexual activity in Y9.	Students involved in 'serious' relationships	Increase of parties i.e. house parties – not supervised	As relationships are building more internal thought to looks and body confidence	Preparation for year 10, and applying for part time jobs

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<p>Year 9 CE day</p> <p>RSE 'Respect yourself'</p>	<p>Lucy Faithfull HSB and CSE</p> <p>LOUDMOUTH Bully 4 U Secondary Kooth – Wellbeing Local Offer Prevent British Values Protected Characteristics Tootoot County Lines</p> <p>4 schools' virtual assembly LOUDMOUTH - Working for Marcus</p>		<p>Anti-Bullying 'Stand Against Violence' NHS Careers Sexual Harassment Child on Child Abuse E-Safety Prevent British Values Protected Characteristics</p>	<p>Prevent (County Lines, Knife Crime and Extremism) Police. Safeguarding Update Protected characteristics, British Values. Just Like Us LGBTQ+ Better Health/Every Mind</p> <p>Matters PHE Bullying and Online Bullying (PAC) Climate Change - Plastic Free Communities and 'Sustainable' T&W Medical Mavericks (Careers – NHS)</p>		
<p>Year 9 Character Education Year group assemblies and reflection.</p> <ul style="list-style-type: none"> • Organisation • Them and Us • Wellbeing • Resilience • PIXL Orate • Communication • Initiative • E-Safety • Leadership • Futures 	<p>Voice and Body Language. Working with others. Helping each other grow. How to deliver feedback sensitively and how to handle receiving feedback Healthy Minds and Mental Health</p>	<p>What is the difference between managing and leading and motivational leadership. Motivating myself. What is respect? Is my language respectful? Breaking down language. Resilience</p>	<p>Impact of being offended and respecting those who are not the same as us Online behaviour. Content and rhetoric. Social Media and Communication and Communication in the workplace</p>	<p>What does an organised person look like and organisation in the future. What organisational techniques work for me? Content Structure and rhetorical techniques</p>	<p>Pride and Pride in the environment. Confidence 'what makes people quit?' Overcoming barriers and turning setbacks into success</p>	<p>Competitive advantage. What's so good about showing imitative? Initiative and growth mindset with solution based and problem-based thinking The impact of valuing people and ways to show that you value people.</p>

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Year 10						
	Autumn Term – Owning my journey		Spring term – Owning my actions		Summer term – Owning my decisions	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Wellbeing theme	Finding the Balance		Supporting myself and Healthy lifestyles		Heathy Minds	
Year 10 PSHEE Form time Rights responsibilities and British values Celebrating diversity and Equality Relationships and sex Education Staying safe online and offline (CSE) Health and wellbeing Life Beyond school	Life Beyond School (Careers and Enterprise) How do my subjects link to Careers Targeted Advertising and Your data Consumer Rights Employer Rights Exploring a Paycheck Post 16 Options	Rights responsibilities and British values Exploring Britishness and British Values Critical Thinking and Fake news What is a Cult LGBTQ+ Rights and British Values What are human Rights Exploring Human Rights	Life Beyond School Careers and Enterprise How to write a personal statement Writing your personal statement Interview Prep CV Writing Work Experience	Relationships and Sex Education (RSE) Campaigning Against FGM Youth Produced Sexual Imagery Online Pornography v Reality Attitudes to Pornography Domestic Abuse and Violence Relationships, Sexual Abuse and Rape Sexualisation of the Media	Celebrating Diversity and Equality International Organisations Aid and supporting other countries Fairtrade Peace War and Conflict Women's rights Me Too and Times up Movement	Health and Wellbeing/ Staying Safe Online and Offline (RSE) Child Abuse (CSE) Screen Time and Safe Use Mobiles Common Types of Mental Health Self-Harm Suicide (Thoughts and Feelings) Promoting Emotional Wellbeing
Why this why now?	Increase in employment – GCSEs and how they link to future careers to support motivation in lesson	Interest in the world around them and POV due to working or becoming interested in news.	Preparation for Post 16 and job interviews and experience of the workplace.	Building on relationships and what is appropriate.	'Adulthood' – believe they are able to make own decisions, guidance on what this looks like	Supporting mental health and issues evolving from relationships
Year 10 CE day	Lucy Faithfull HSB and CSE Telford College Shrewsbury College Stephen Seki Aspirations Green Careers Veolia 4 schools virtual assembly LOUDMOUTH - Working For Marcus	Aspire to HE target 20 online sessions	Anti-Bullying 'Stand Against Violence' NHS Careers Sexual Harassment Child on Child Abuse E-Safety Prevent British Values Protected Characteristics Metacognition Staying Safe Online Encounter with employer NGS NHS Radiology Careers	Prevent (County Lines, Knife Crime and Extremism) Police. Safeguarding Update Protected characteristics, British Values. Just Like Us LGBTQ+ Better Health/Every Mind Matters PHE Bullying and Online Bullying (PAC) Climate Change - Plastic Free Communities and 'Sustainable' T&W Virtual Work Experience		

Year 10 Character Education Year group assemblies and	Mindset Assessment and Mind Training What organisational skills do I need	From setbacks to success Active learning Working independently	Physical Harm Psychological Harm Harm Online	What is my motivation Motivating myself How to build a portfolio	What is strong leadership? Using your heart and head	Mental Energy Confidence in speaking Appraisal and looking
reflection. <ul style="list-style-type: none"> • Organisation 	at school? Balancing importance and urgency	Performance Career Development		What do I find effective?		ahead Which apprenticeship

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<ul style="list-style-type: none"> • Them and Us • Wellbeing • Resilience • PIXL Orate • Communication • Initiative • E-Safety • Leadership • Futures • Power to perform 	<p>Organising things and organising myself</p>	<p>The labour market</p>	<p>Helping 'them' groups at risk of harm How can we protect each other in society? Emotional, psychological and physical resilience</p>	<p>Giving and receiving constructive criticism Interviews</p>	<p>Command and Control versus Discuss and Decide Why do employers want leadership skills?</p>	<p>What is university and why go to one? Recharge Making Choices</p>
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Year 11						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Wellbeing theme	Finding the Balance		Supporting myself and Healthy lifestyles		Heathy Minds	
Year 11 PSHEE Form time Rights responsibilities and British values Celebrating diversity and Equality Health and wellbeing Relationships and sex education Staying safe online and offline (CSE) Life Beyond school	Life Beyond School/ Health and Wellbeing (Your Future and Beyond) Planning for your future Personal branding How to apply for post 16 assembly Making applications post 16 Time Management Exam Stress and Relaxation	Relationships and Sex Education (RSE) Adult Health and Looking after Yourself Child on Child Bullying Fertility and what impacts it Abortion Laws, Morals and Ethics Testicular and Prostate Cancer Cervical, Breast and Ovarian Cancer Parenthood Love and Abuse	Staying Safe Online and Offline Honour Based Violence Forced Marriages Modern Day Slavery Causes of Knife Crime Festivals and Drugs and Nitrous Oxide Online Gambling Online Rep and Digital Footprints	Life Beyond school Ambition and Aspiration Study Sanctuary Growth Mindset Memory and Stress Retrieval Practice Revision Cards Looking after Wellbeing and Sleep Mental Health & Self Esteem Stress Relief Techniques There is still time	Health and wellbeing Organ donation and blood donation Teenage pregnancy Alcohol and bad choices Importance of sexual health Re-visiting contraception Re-visiting STIs Respect and relationships	
Why this why now?	Exam stress – preparing for mocks	Moving into adulthood (coverage for those who may follow an apprenticeship pathway)	V Fest held locally in this term	Preparation for exam season	Re-capping core knowledge to ensure students have the basics surrounding sexual health and know where to seek support.	
Year 11 CE day RSE 'Respect yourself'	Careers FE and apprenticeship providers 30-minute sessions for sixth form/colleges/apprenticeships: Cap Gemini, Telford College, Abraham Derby, Shrewsbury College, Juniper Training, Madeley Academy, Thomas Telford, NSC and County training.		Anti-Bullying 'Stand Against Violence' Positively Mad PUSH Revision Skills Sexual Harassment Child on Child Abuse	Harmful sexual behaviors, sexual harassment, sexual assault, pornography, consent, misogyny		
Year Group Assemblies Year group assemblies and reflection. <ul style="list-style-type: none"> Organisation 	Breaking down the journey Using PLCs to support resilience Self-evaluation and self-criticism Presenting organised arguments	Mental Health 1 Mental Health 2 Mental Health 3 The 'echo' chamber	Spotting a gap in the market Continual Challenge Positive thinking	Leadership and humility When leaders make mistakes		

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<ul style="list-style-type: none"> • Them and Us • Wellbeing • Resilience • PIXL Orate • Communication • Initiative • E-Safety • Leadership • Futures • Power to perform 	<p>Organising with clear communication Organisation and curricular studies</p>	<p>Disagreeing with people and disagreeing with opinions Career Pathways</p>	<p>Apprenticeships What courses are available at university? What are the different types of university?</p>	<p>How I react when things go wrong Mental Toughness 1 Mental Toughness 2 Mental Toughness 3</p>	
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Whole School Assemblies and Events						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Full School SMSC and British Values Assemblies - Democracy Rule of Law Individual Liberty Mutual Respect Tolerance of those of different faiths and beliefs	Owning and planning my journey Taking responsibility for behaviours, showing initiative through of 'Charlton Expects' school vision and values. Harvest Understanding how to contribute positively to the lives of those living and working in the locality of the school and to society more widely.	Remembrance Justice, gratitude and compassion Belonging Diversity and collective responsibility. Diversity and Equality The importance of identifying and combatting discrimination. (Peer on Peer abuse and protected characteristics) Christmas Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith. Freedom to choose and hold other faiths and beliefs and how this is protected in law. Celebration Evening Students celebrate with guest speaker for outstanding achievement	National Holocaust Memorial Day People with different faiths, beliefs (or none) should be accepted and tolerated. Identifying and combatting discrimination. UK Youth Parliament vote - Understanding democracy Expectations Charlton Expects behaviour reflection	Sacrifice Personal sacrifice and random acts of kindness. (Respect for other people). Acceptance that other people having different faiths or beliefs to oneself and should not be the cause of prejudicial or discriminatory behaviour. Charlton Passion Assembly Celebrating the Hindu festival of Holi, Christian Celebration of Easter and Muslim celebration of Shab-e-Barat.		Student leadership elections (Student Voice) How citizens can influence decision-making through the democratic process Charlton Celebrates Celebrating achievement, self-knowledge, self-esteem and self-confidence.

British Values Additional information: Complementing our range of planned activities are a wealth of Extra Curricular Activities, teaching resources from a wide variety of sources to help pupils understand a range of faiths (tracked on the SMSC grid), weekly British Values debates and 'Charlton expects' our agreed school rules based on shared values and virtues which encourage students to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely. Through character development students cover a topic of 'them and us' which addresses prejudice and discrimination and resilience which teaches growth mindsets and how to overcome personal barriers.

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House Activities	<p>Charlton Bake Off to support the Macmillan Coffee Morning. Mental Health Awareness through support of the Young Minds Charity fundraiser 'Hello Yellow' Black History Month Harvest Festival- Supporting our chosen charity- Telford Food Bank. Charlton's Pumpkin Carving Competition. Wellbeing Week</p>	<p>To create a Poppy display for our yearly Remembrance Assembly in form groups. Anti-Bullying week and 'odd socks' Christmas Gift Appeal Appeal hosted by our local Newspaper-The Shropshire Star. Students will be asked to support this local appeal.</p>	<p>Valentines and random acts of kindness Wellbeing week International Women's Day Diversity Week Week of awareness and fundraising supported by whole school assembly around LGBTQ+ Autism Awareness week. Parents opening doors sessions for families. Neurodiversity Week E-Safety Day</p>	<p>Walk or bike to school. Environment and positive contribution. Jubilee Celebration – Theme of Modern Britain and Diversity. Child Criminal Exploitation Day</p>	<p>Charltonbury Understanding how to contribute positively to the lives of those living and working in the locality of the school and to society more widely. Charity fundraising event with local community partners.</p>	<p>Goals and achievements Year group reflection and celebration</p>
Enrichment Opportunities	<p>Virtual visits to places of worship BBC Young Reporter Duke of Edinburgh GSUS Live Marines Visit Mosque Visit KS4 Church Visit KS4 Presentation Evening Open Evening Young Enterprise Inspiring Digital Enterprise Award (Y7 and Y8) All Y7 students Outward Bound Residential Trip to the Pioneer Centre Celebration Trips Y8 Students – National Trust Y9 Students – Seaside Y10 Students – Zoo Y11 Students – Theme Park</p>	<p>Charlton's Got Talent Pathways into FE Shakespeare Schools Festival Mock Trial Youth Speaks Y12 Certificate Collection Evening Wellbeing Advent Calendar Senior Citizens Christmas Party All Saint's Church Christmas Assembly Christmas Craft Fayre Christmas Jumper Day Pantomime Trip for all Y7 students (Aladdin)</p>	<p>School Production of Matilda Aspire to HE Senior Citizens Christmas Lunch and entertainment Y11 Poetry Live Trip Maths Challenge Young Enterprise Trade fairs and University Day Aspire to HE visits to Keele University Aspire to HE Open Days to University of Wolverhampton Aspire to HE 'Cultural Awareness Days to University of Liverpool and Aston University</p>	<p>Shrewsbury Prison Tour Ski Trip Theatre Trip KS4 Y7 Charity and Enterprise day World Book Day Young Enterprise Celebration Event Theatre Trip to see KS4 Curious Incident of the Dog in the night Human Nature Theatre Trip KS4 Y11 Carding mill Valley Geography Field Trip.</p>	<p>Trier MFL Trip to Germany World of workday Performing Arts Evening Leavers Day Leavers Prom D of E Y9 and Y10 Humanities Trip London Boulogne French Trip Y8 All Y8 students Outward Bound Trip to the Pioneer Centre</p>	<p>Celebration Trips (Sept) Extended project evening Interhouse/Sports Day Day for your future Diversity Week Charltonbury Y7 Graduation Y10 Cologne Trip Y7 Carding Mill Valley Y6 Parents Evening</p>

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LESSON TITLE	Unit	YEAR	Learning Objectives	Key Terms - Literacy	Assessment Objectives	PSHE Association Core Themes	PSHE Association - Specific Links	Statutory Health 2020	Statutory RSE 2020	PA - Thematic Model	(2) PA - Thematic Model	CDI Framework	CDI Framework 1
Instagram Generation (Its OK to feel down)	Life Beyond School	Year 10	To explore the link between body image and social media. To understand how hyper edited social media can distort our view of the real world. To explore what makes social media sites so popular.	Hyper-filtered, Body Image, Self Esteem, 'Vloggers', Streaming, Chatline, Instagram, Selfie	I understand the concepts of hyper-edited and hyper-filtered media I know why social media is so popular with young people I understand the negative impact social media has on body image and self esteem	Health & Wellbeing	K33 H18 & K34 H20	T2 - Internet Safety & Harmful Behaviour	N/A	Healthy Lifestyles	N/A		
FC - Targeted Advertising - Online	Life Beyond School	Year 10	To describe the three main types of targeted advertisements and explain how they work. To explore the role of the advertising standards agency (ASA). To evaluate the role targeted advertising played in the outcome of the 2016 Brexit referendum	Contextual, Geotargeted, Retargeted - Targeted, Advertisements, Pop Ups, ASA	I can explain how geotargeted, contextual and retargeted advertisements work I can explain the role of the Advertising Standards Agency I know when I am being subjected to targeted advertisements online	Living in the wider World	K33 L18 & L19 & L20 K34 L20	T2 - Internet Safety & Harmful Behaviour	T3 - Online + Media	Digital Literacy	N/A	(12) Showing Initiative & Enterprise	(13) Developing Personal Financial Capabilities
Marriage - What is it? (Forced Marriage)	Life Beyond School	Year 10	I can describe what marriage is and what marriage is not I understand the legal position of gay marriage across different countries in Europe. Evaluate a range of views on sex before marriage	Marriage, Divorce, Love, Companionship, commitment, Cohabitation, Civil Partnership	I can explain what marriage is and what it is not I can explain the law around Gay Marriage in the UK and Europe I know a range of views on sex before marriage	Relationships	K33 R9 & K34 R3	N/A	T1 - Families	Respectful Relationships	N/A		
Consumer Protection & rights	Life Beyond School	Year 10	To understand what ethical business practices are. To understand the rights and responsibilities of consumers. To evaluate the impact the Consumer Rights Act 2015 has had on society	Sustainability, ethical, rights, responsibilities, Consumer, CAB, Office of Fair Trading, Fairtrade	I can identify unethical business practices I know my consumer rights and responsibilities I can explain how both consumers and business can drive better working practices	Living in the wider World	K34 L21 & L22	N/A	N/A	N/A	Financial Decision Making	(15) Developing Personal Financial Capabilities	
Rights and Responsibilities	Life Beyond School	Year 10	To define the terms rights, responsibilities and moral duties. To understand the different types of rights and responsibilities that exist To study the differences between civil law and criminal law	Civil law, Criminal Law, Rights, Responsibilities, Moral, Duties, Legal	I understand the duties of a citizen in the UK I can identify many different rights and responsibilities I have I can explain the difference between civil and criminal law	Living in the wider World	K34 L16	N/A	N/A	Diversity	N/A	(15) Developing Personal Financial Capabilities	(2) Self-Reflection
Employment Rights	Life Beyond School	Year 10	To identify a variety of employment rights and responsibilities in the UK To understand different issues related to employee rights To explore the gender pay gap in society	Employers, Employment Tribunal, Equality Act 2010, Equal opportunities, Trade union, unfair dismissal	I know a range of employment rights and responsibilities I know the minimum amounts per hour employees must be paid I understand the term 'Gender pay gap'	Living in the wider World	K34 L16	N/A	N/A	Employability Skills	Community & Careers	(9) Investigating Work & Working Life	
Understanding a Payslip	Life Beyond School	Year 10	To understand what the common features of a payslip are To be able to work out using calculations Gross Pay and Net Pay on a payslip. To evaluate the importance of paying tax and NI contributions	BACS, Deductions, Payslip, Net Pay, Gross Pay, National Insurance, Salary, Tax, NI, Tax Code, PAYE	I understand how to interpret a payslip I know how to work out Gross Pay and Net Pay on a payslip I am aware of all the deductions that are taken out of my salary when I'm older	N/A	N/A	N/A	N/A	Employability Skills	N/A	(11) Planning For Employment	(13) Developing Personal Financial Capabilities
Time Management - Technology	Life Beyond School	Year 11	Explore how technology and social media can negatively impact on your mental health To evaluate how technology and smartphones can both be rewarding and damaging in our lives	Addiction, FOMO, Blue Light, smart phone, Social media, Echo Chambers, Filter Bubbles	I am aware of the dangers associated with smart phone and screen addiction I understand what makes a good environment to sleep and study in I can explain the benefits and drawbacks of increasing use and reliance on technology in my life	Living in the wider World	N/A	T2 - Internet Safety & Harmful Behaviour	N/A	Building For The Future	N/A	(1) Self-Awareness	(3) Self-Improvement as a learner
LGBT (rights across the World)	Life Beyond School	Year 11	To understand the varying views and laws on homosexuality across the world To explore the work of LGBT activists and the international community on combating the criminalisation of homosexuality To discuss and debate sensitive LGBT topics regarding religion, politics, law and homosexuality	Death penalty, Sharia law, Decriminalisation, Abolish Homosexuality, Discrimination	I can identify countries that have discriminatory laws against the LGBT community I understand how to improve LGBT rights around the world I can explain why the UK has a moral responsibility in helping to decriminalise homosexuality around the globe	Relationships	K33 R24 & R25 & R26 & K34 R13	N/A	N/A	N/A	N/A		
Dealing With Exam Stress & Anxiety	Life Beyond School	Year 11	To understand the science behind 'fight or freeze' responses to stress To recognise that stress is only beneficial in the short term and over the long term can be physically and emotionally To understand how to manage stress and relaxation	Relaxation, stress and calmness, Para-sympathetic, Cortisol, Hormones, Meditation, Yoga, Diet	I can identify the symptoms of stress I know range of ways to deal with any exam stress I have I understand how different amounts of stress impact my performance and ability to think clearly	Health & Wellbeing	K33 H5 K34 H3 & H4	T6 - Health & Prevention	N/A	Next Steps	Building For The Future		
Social Media Validation Vs Reality	Life Beyond School	Year 11	To describe the differences between real life and social media life To explore the impact social media influences have on society To identify coping strategies for social media wellness and improving self-esteem	Online Identity, Self Esteem, Adversity, Influencer, Fake profiles	I can explain the positive and negative impact social media influencers have on me I can identify the four main ways social media stresses people	Health & Wellbeing	K33 H18 & K34 H10	T2 - Internet Safety & Harmful Behaviour	T3 - Online + Media	Digital Literacy	Resilience & Resilience		
Writing a Personal Statement	Life Beyond School	Year 11	To understand what a personal statement is To explore when a personal statement may be needed To be confident in writing a personal statement that reflects your abilities and ambitions	Personal Statement, CV, Skills, Qualifications, University, Achievements, applications	I know why a Personal Statement is important I am able to write my own personal statement I understand when a personal statement may be required	Living in the wider World	N/A	N/A	N/A	Next Steps	N/A	(16) Handling Applications and Interviews	(17) Managing Changes & Transition
CV Writing	Life Beyond School	Year 11	To understand the purpose of a CV To understand how to create a clear and concise CV	Qualifications, Interests, hobbies, references & work experience	I understand why a CV is important I am confident in creating my own CV I understand how to layout a CV and what should avoid in order to make a look professional	Living in the wider World	N/A	N/A	N/A	Next Steps	N/A	(16) Handling Applications and Interviews	(17) Managing Changes & Transition
Importance of sleep and Relaxation	Life Beyond School	Year 7	To describe what actually happens when we sleep To explore the benefits of good quality sleep To explain how to improve sleep quality and where to source extra help and support from	Relaxation, Circadian Rhythm, Memory, Sleep hygiene, Sleep Environment	I understand what happens to me when I sleep I can explain the benefits of good quality sleep I know a range of strategies to improve my sleep	Health & Wellbeing	K33 H12	T6 - Health & Prevention	N/A	Health & Puberty	N/A		
Getting to Know People	Life Beyond School	Year 7	To understand the concept of trust I can explain what I have in common with others across my classes. To evaluate what it would take for me to trust fully	Trust, Honesty, Integrity, Self Esteem, Politeness, Society, Character traits	I can identify a range of people I trust in my life I know a lot about other people in my class I can identify positive character traits	Health & Wellbeing	K33 H2 & H4	T1 - Mental wellbeing	N/A	Transition & Safety	N/A	(3) Self-Improvement as a learner	(17) Managing Changes & Transition
Transition Point in Your life	Life Beyond School	Year 7	Describe your feelings during times you have experienced transitions Identify ways of coping with transition points and how you would apply them to future times of change in your life	Transition points, Career, Change, Risk, Reflection	I understand the term transition I can explain the different career transition points in secondary school and beyond I am able to reflect on the feelings experienced during transition	Relationships	K33 R1 & K34 R2	N/A	T2 - Respectful Relationships and Friendships	Transition & Safety	N/A	(17) Managing Changes & Transition	(3) Self-Improvement as a learner
Careers and your Future	Life Beyond School	Year 7	To understand the meaning of the word career To be aware of how careers education can help you plan for the future Recognise the importance of making career choices based on 'dream' ideas To be aware of what considerations are involved in making realistic choices	Careers, Skills, Qualities, Future Aspirations, Career, Opportunities	I am aware of how important careers education is I'm aware of how not to limit my future career options I'm aware of future opportunities in learning and work	Health & Wellbeing	K33 H9 & H16	T6 - Health & Prevention	N/A	Developing Life Skills & Aspirations	N/A	(2) Self-Reflection	(4) Exploring Careers and Career Development
FC - Financial Education	Life Beyond School	Year 7	To describe the concept of money To explore positive and negative uses for money To discuss how the government spends money to help the country	Balancing, Currency, Money, wealth, transaction, debt, Exchange, Austereity, HM Treasury	I can explain the three purposes of money I understand how money can influence the way in positive and negative ways I can identify key areas of government expenditure	N/A	N/A	N/A	N/A	Financial Decision Making	N/A	(13) Developing Personal Financial Capabilities	
What is Your Community	Life Beyond School	Year 7	To understand the concept of community and what makes a cohesive community To explore how British communities have changed over the past 60 years To evaluate how welcoming your local community is	Tolerance, Community, International, local, national, Community Cohesion	I can define community cohesion I understand the benefits of a multicultural society I know how to be an active member of my community	N/A	N/A	N/A	N/A	Extremism & Radicalisation	Diversity		
What are enterprise Skills	Life Beyond School	Year 8	Be able to effectively work as part of a team and research the issues and come up with solutions. Apply the understanding by redesigning an area of school Evaluate what makes an effective and persuasive presentation. Have Fun!!!	Life Skills, Enterprise, Entrepreneur, Teamwork, Leadership, Nurturing, Budget, Economy	I can work effectively as part of a team I know what makes good team work and leadership I can confidently pitch my ideas to an audience	Living in the wider World	K33 L15 & L16	N/A	N/A	Developing Life Skills & Aspirations	Employability Skills	(12) Showing Initiative & Enterprise	(3) Self-Improvement as a learner
Proud to be me	Life Beyond School	Year 8	To identify what is important for you and what you expect from yourself taking into account the beliefs and expectations that others have of you I can describe my self esteem and understand ways to improve it To evaluate what self self love is	Emotions, Feelings, Thoughts, Past Behaviours, Understanding, Ambition, Ideal self Actual Self, Values	I can describe my own self esteem I have aspirations and am looking forward to the future I can describe what self love is	Health & Wellbeing	H2	N/A	N/A	Transition & Safety	Building Relationships	(2) Self-Reflection	(1) Self-Awareness
Careers interests and Jobs	Life Beyond School	Year 8	To help me think carefully about potential careers and focus on my interests and preferences. To be aware that understanding myself and my interests will help shape my choices about KS4 Options and future career ideas	Pharmacist, Jeweller, Optometrist, Banker, Hair/D, Forensics,	I can identify a wide range of jobs I understand that each sector in society contains many career opportunities I know how to plan for my future career	N/A	N/A	N/A	N/A	Developing Life Skills & Aspirations	N/A	(4) Exploring Careers and Career Development	(10) Making the Most of Careers Information and Guidance (CEIAG)
Boosting Self Esteem	Life Beyond School	Year 8	To describe self esteem and how it impacts someone's life To explore ways to boost self esteem To evaluate the impact negative self talk can have on self-esteem	Self Esteem, Self talk, body image, influences, self authority, positive body confidence	I understand ways to boost self esteem I can explain how the media and peers may impact my self esteem I can explain the importance of being self confident	Relationships	N/A	N/A	N/A	Building Relationships	N/A	(1) Self-Awareness	(2) Self-Reflection
FC -Labour Market Information	Life Beyond School	Year 8	To be aware of what labour market information (LMI) is and how it can be useful to you To be able to start using LMI to get a realistic picture of the labour market which I will use to help me make decisions about future careers	Labour Market, Career, Demography, globalisation, manufacturing, education, saving	I understand what Labour Market Information is I can explain how Brexit may impact local Labour Markets in the UK I can identify the main factors that impact Labour Market Information	N/A	N/A	N/A	N/A	Employability Skills	N/A	(7) Job & Labour Market Information	
FC - Exploring Careers	Life Beyond School	Year 8	To identify the 10 main UK Job sectors To explore a wide variety of jobs To evaluate the different qualifications, starting salaries and duties of a wide range of jobs	Job description, salary, duties, progression, qualifications, GCSE, A levels, University, Skills	I can identify a range of different UK job sectors I know the starting salaries of a range of jobs I can explain my dream job or career	N/A	N/A	N/A	N/A	Setting Goals	N/A	(16) Making the Most of Careers Information and Guidance (CEIAG)	(4) Exploring Careers and Career Development
Failure to Succeed	Life Beyond School	Year 9	To understand how success and failure are often linked To explore what motivates people to achieve incredible things To understand the importance of resilience and learning from mistakes and failures	Success, Failure, motivation, resilience, Emotions, Missiles, Leadership, opportunities	I can explain how success comes from failure I understand how to turn problems into opportunities I am a resilient person at school, home and in the community	Living in the wider World	R12	N/A	N/A	Mental Health	N/A	(2) Self-Reflection	(16) Handling Applications and Interviews
Social Media and Online Stress FOMO	Life Beyond School	Year 9	To explore the link between mental health and social media usage To identify coping strategies to manage online stress Recognise that social media sometimes does not reflect real life	Online, social media, post, followers, Social currency, Online harassment, Settings, Privacy, Cyber Bullying	I can explain what online stress is I understand how between mental health and social media usage I know how to keep my online data safe	Health & Wellbeing	K33 H18 & K34 H10	T2 - Internet Safety & Harmful Behaviour	N/A	Emotional Wellbeing	N/A		
First Aid - How to Administer CPR (Defibrillators)	Life Beyond School	Year 9	To understand the vital importance of First Aid as a life saving skill how to perform first aid, including CPR, the use of defibrillators, resuscitation and basic treatment for common injuries To understand how to put someone in the recovery position and when to contact emergency services	Defibrillator, CPR, Checking Recovery Position, St John Ambulance, BfH, Breathing, Circulation, Airways	I am confident in giving someone basic first aid I know how to perform CPR and put someone in the recovery position I understand how and when to use a defibrillator to save someone's life	Health & Wellbeing	K33 H22 & K34 H13	T7 - First Aid	N/A	Transition & Safety	Independence	(9) Learning about Safe Working Practices and Environments	
Importance of Happiness - Improving Mental Health)	Life Beyond School	Year 9	To explore what happiness might mean to different people To explore why it is OK for us to explore our own feelings and emotions To evaluate whether happiness truly exists	Belief, needs, wants, Inspiration, Future, dreams, ability	I can explain what happiness looks like for different people I can recognise my own emotions and how they may have an opinion on happiness or not	Health & Wellbeing	K33 H2 & H6	T1 - Mental wellbeing	N/A	N/A	Transition & Safety	(1) Self-Awareness	(2) Self-Reflection
Anger Management	Life Beyond School	Year 9	To understand the science behind why someone gets angry To explore how our thoughts and feelings can impact what we think and say To understand how to deal with and manage anger	Angers, Triggers, Conflict Resolution, Emotions, Language, self awareness	I understand the science behind being angry I can recognise when I'm getting angry and what my triggers are I am able to deal with my anger in a positive way	Relationships	K33 R27 & R12	N/A	T2 - Respectful Relationships and Friendships	Respectful Relationships	N/A		
Employment & Financial Management	Life Beyond School	Year 9	To define terms such as financial capability and financial competence To understand the importance of budgeting throughout a person's life To know how to calculate your personal income tax liability	Budget, forecast, debt, savings investments, Financial competence, Personal capabilities	I understand how debt and borrowing money can impact on personal finance I am able to budget now and for the future I understand how income tax is calculated	N/A	N/A	N/A	Y7 Financial Decision Making	Financial Decision Making	Financial Decision Making	(5) Investigating Work & Working Life	
Importance of saving money	Life Beyond School	Year 9	To define a variety of banking and financial key terms To understand the importance of saving money and the different methods of saving To be able to identify the difference between essential and non-essential expenditure	DEPOSIT BOX, BRANCH, DEBIT CARD, BANK ACCOUNT, INTEREST, SAVINGS, BUDGET, DEBIT	I understand the meanings of a wide range of financial key terms I can evaluate different ways of saving money I can explain the many advantages to having a bank account	N/A	N/A	N/A	Y7 Financial Decision Making	Financial Decision Making	Financial Decision Making	(15) Developing Personal Financial Capabilities	