

Personal Development (PSHE) Policy 2022-2023



1 Sponsor

Designated PSHE Lead

2 Reviewed

October 2022

3 Revision Date

October 2023

Supporting Documents

RSE Policy

Equality Policy

Child Protection and Safeguarding on School Policy

Careers and Enterprise Policy

SMSC Policy

British Values Statement

DfE Statutory requirements

PSHE Association Guidelines

Personal Development Curriculum Implementation Overview

Welcome

In September 2020 the Government released new guidelines and subsequent Statutory guidance to Education establishments to provide students with access to Personal, Social, Health and Economic Education (PSHE).

Charlton School uses the National Curriculum guidelines for PSHE, the statutory guidelines from the DfE as well as PSHE Association guidelines and approved resources to implement PSHE into our school curriculum.

This policy covers our school's approach to the delivery and implementation of PSHE and what pupils, parents/carers, teachers should expect to experience in relation to PSHE whilst studying at Charlton.

We are committed to ensuring that all our students get the experiences and learning they need not just to achieve their GCSE results, but to succeed in the wider world. Our PSHE curriculum will enable our pupils to be educated in how to use the skills that they will require to progress through their school life, into their adulthood.

Provider Access Statement

This policy statement sets out the school's arrangements for managing the access of PSHE within school. This complies with the school's legal obligations under Section 42B of the Education Act 1997.

Our provision includes various opportunities for students to access a range of events such as, curriculum enhancement days, PSHE lessons within tutor time and external providers delivering workshops; relating to the topics they are studying within the curriculum. These are mainly integrated into the school's Personal Development curriculum and delivery. These events are therefore delivered internally, with contribution from the external providers where appropriate.

Procedure

PSHE is strongest when there is communication and collaboration between school and home. We are committed to working with parents and carers to ensure that the PSHE curriculum we deliver is appropriate and beneficial for our pupils.

We will offer support by delivering PSHE sessions within form time and we will communicate with parents or carers if/when necessary; to ensure that the topic being studied is suitable. Access to the Personal Development curriculum is available on the school website; this includes the PSHE curriculum for this academic year.

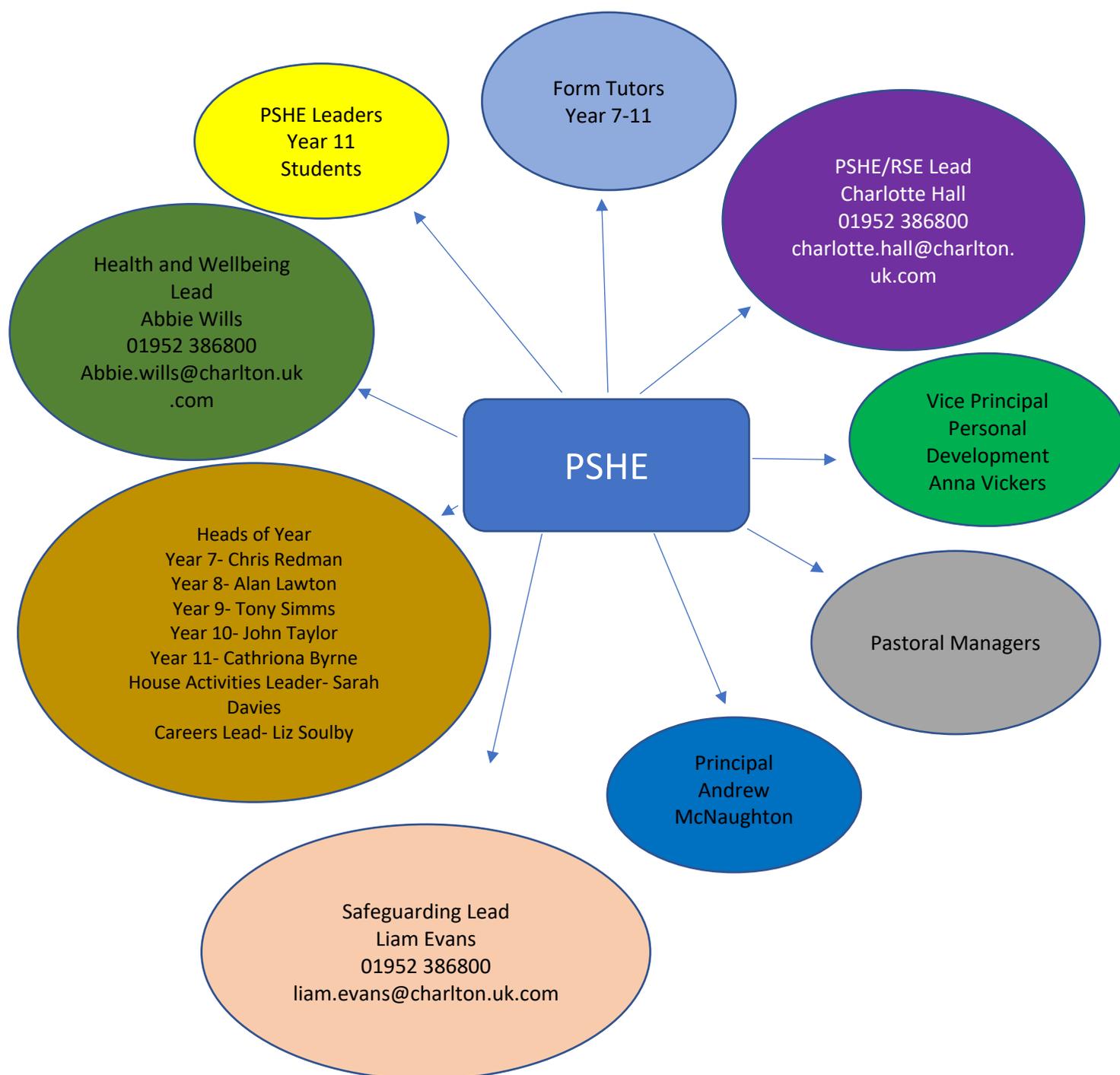
All topics being studied have been approved by the PSHE association and have been developed and adapted to ensure that a substantial PSHE curriculum is available for our pupils. Key concepts and skills will be taught through Personal Development lessons covering a broad range of topics; through which these can be developed, expanded, and rehearsed. Lessons will be sensitive to a range of views but will allow for all pupils to have access to the learning they need to stay safe and healthy and to protect and enforce their human rights. This will include impartial information in relation to matters such as forced-marriage, female genital mutilation, and abortion.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. There is no right to withdraw from Relationships Education or

Health Education. If a parent or carer wishes to withdraw their child from any of these lessons, they will need to contact the designated PSHE Coordinator to discuss this further. The designated PSHE Coordinator can be contacted using the following email address; charlotte.hall@charlton.uk.com.

Key Staff

The Charlton School PSHE curriculum is supported and contributed to by a range of individuals specifically:



Aims

The aim of this curriculum overview is to ensure that all learners at Charlton School develop the skills required for progressing; socially, morally, culturally, physically and mentally. The PSHE curriculum will provide our pupils with the opportunities to develop the skills required to progress through school, college, university and the world of work. Our pupils will receive the delivery of current PSHE topics, considering any contextual issues that may affect them and support their understanding of the topics. The amalgamation of these opportunities leads to pupils being fully prepared with the relevant experience and knowledge for their next steps.

Our PSHE curriculum develops age-appropriate subject knowledge, skills and understanding to fulfil the core strands of PSHE: rights and responsibilities, celebrating equality and diversity, relationships, and sex education, staying safe online and offline, health and wellbeing and life beyond school. This is taught in line with the PSHE Association guidance and DfE statutory requirements. Through PSHE students will develop the necessary skills, knowledge, and personal attributes as part of a planned programme of regular lessons that addresses related factors such as media literacy, drugs and alcohol, equality and prejudice and health. Our students are provided with accurate and relevant knowledge of PSHE, as well as opportunities to create personal understanding. Our students will be given the opportunities through discussion to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities. PSHE education is taught a 1-hour floating Personal Development lesson each week, throughout the school in every year group. Prior to the delivery of a new topic, our students complete a baseline assessment activity which is followed by a reflection task at the end of the topic, this allows students to reflect on what they have learnt. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

This Personal Development Curriculum Implementation Overview document aims to ensure learners in all year groups develop the relevant skills, experience, and information in a timely manner to ensure adequate preparation for further education, employment and living in the wider world.

Charlton aims to promote the following skills and experiences through the PSHE lessons, curriculum and enhancement days:

- ✚ Provide our pupils with an up-to-date Personal Development curriculum (PSHEE) to ensure that they are provided with opportunities to develop; personal effectiveness, interpersonal and social effectiveness and managing risk and decision-making.
- ✚ Provide our pupils with relevant information to allow them to develop and be prepared for adulthood.
- ✚ The Personal Development curriculum has 6 core themes: health and wellbeing, relationships, and sex education, staying safe online and offline, celebrating diversity and equality and life beyond school (economic wellbeing, careers and the wider world).
- ✚ Ensure our pupils achieve an understanding of personal finance issues to encourage financial capability (managing own finances and becoming informed consumers) (*Personal Finance, PSHE, Financial Capability*)
- ✚ Ensure our pupils are aware of where they can seek career guidance (*Career Lead, Future Focus, Signposting*)
- ✚ Develop an understanding of relationships and sex education; RSE.
- ✚ Develop an understanding of County lines, discussing the topic of drug trafficking, as well as alcohol misuse.
- ✚ The PSHE curriculum will be key stage specific from key stage (KS) 3 to 4; the curriculum from KS3-4 will build upon the topics covered previously, enabling students to further explore the core themes of PSHE.
- ✚ PSHE curriculum at KS3 acknowledges and addresses; the changes that young people are experiencing, beginning with transition to secondary school, the challenges of adolescence and our student's increasing independence.
- ✚ PSHE education will teach the skills to which will equip them for the opportunities and challenges of life.
- ✚ Our pupils will be encouraged to manage diverse relationships and the increasing influence of peers and social media.

- ✚ Our pupils will be encouraged to be more confident in addressing the challenges of effective learning and making a full and active contribution to society.
- ✚ Personal Development (PSHE) at KS4 will enable pupils to rehearse and extend the skills, further explore attitudes and values, and deepen knowledge and understanding acquired during KS3. The curriculum reflects the fact that learners are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.
- ✚ Encourage economic understanding: taxation, interest rates, cost of university/housing, inflation, banking and EU. (*Economic Understanding, PSHE*)
- ✚ Develop subject provision and enrichment to ensure our pupils can make links between learning in school to their future development and job prospects. (*PSHE, Enrichment, Curriculum, Signposting*)

How we will achieve this:

- ✚ Providing pupils with a structured up to date Personal Development curriculum exploring the 6 core themes: health and wellbeing, relationships, and sex education, staying safe online and offline, celebrating diversity and equality and life beyond school (economic wellbeing, careers, and the wider world).
- ✚ Providing our students with excellent Personal Development lessons that are planned and delivered, using the PSHE association guidelines, as well as PSHE association approved resources.
- ✚ Mapping the curriculum against the DfE Statutory requirements and the National curriculum.
- ✚ Providing our pupils with a Personal Development exercise book, to track and monitor their PD lessons; using their feedback to facilitate and improve the PSHE curriculum.
- ✚ Regularly updating the curriculum to meet the needs of our pupils, updating any topics considering local and national safeguarding priorities and other topical issues/factors.
- ✚ Developing strong audit methods to ensure the PSHE curriculum is evaluated by a wealth of personnel including staff, students, and parents.
- ✚ Utilising the skills and knowledge provided by the lead personnel to form an effective programme.

This list of activities detailed is not exclusive and limited to these experiences, we will continue to develop our programme in line with the needs of our students, and challenges identified within our local context.

If you wish to provide feedback on this programme or would like to get involved then please contact Charlotte Hall, PSHE Coordinator.

The implementation of the programme will be reviewed by key staff as detailed above for progress at least once a term.

This policy will be reviewed annually.

Approved by Governors 2022

Chair of Governors

Andrew McNaughton, Headteacher