



PLANNING & ORGANISATION

Speaking **Problem Solving** **Creativity & Innovation** **Decision Making** **Resilience & Staying Positive** **Planning & Organisation**

Advance to Year 9 ★★★★★

Year 8

LIFE BEYOND SCHOOL (CAREERS)

- Employability skills
- Proud to be me & careers
- Careers interests and jobs
- Self esteem & media
- Labour market information
- Exploring careers

HEALTH AND WELLBEING

- Health & wellbeing
- What is mental health?
- Positive body image
- Child abuse
- Types of bullying
- Healthy eating and cholesterol
- Stress management

LIFE SAFETY (CSE)

- County lines
- Drugs & UK gangs
- Substance misuse
- Online safety & cyber bullying
- Grooming boys and girls
- Drugs education & Alcohol safety
- Child Exploitation and Online protection

RELATIONSHIPS AND EDUCATION

- Introduction to RSE
- Healthy relationships
- Dealing with conflict
- Sexual orientation
- Gender identity & Equality Act
- Introduction to contraception
- What is love?
- Periods & Menstrual cycles

RIGHTS, RESPONSIBILITIES AND BRITISH VALUES

- Desert Island living
- What is community spirit
- Decision making & constitution
- Criminals law & society
- Law making process in the UK
- Prisons & reform
- Punishment & Restorative justice

Year 8

CURRICULUM OVERVIEW

Final Steps and Progression

welcome