

# WEEKLY MENU Week 1

**Any Main Meal with Pudding of the Day £1.85**

## Monday

**Main:- Beef Bolognese with Pasta £1.60**

**Vegetarian:- Quorn & Vegetable Tikka Masala with Rice £1.60**

**Vegetable:- Peas £0.50**

**Hot Sweet:- Apple Pie £0.60**

## Tuesday

**Main:- Chicken & Vegetable Casserole £1.60**

**Vegetarian:- Cheese & Tomato Tart £1.60**

**Vegetable:- Broccoli Florets £0.50**

**Hot Sweet:- Jam, Coconut Sponge £0.60**

## Wednesday

**Main:- Roast Beef with Roast Potatoes £1.60**

**Vegetarian:- Sweet & Sour Quorn £1.60**

**Vegetable:- Fresh Cabbage £0.50**

**Hot Sweet:- Chocolate Mandarin Cake & Chocolate Sauce £0.60**

## Thursday

**Main:- Sweet & Sour Chicken with Rice £1.60**

**Vegetarian:- Vegetable Lasagne with Garlic Bread £1.60**

**Vegetable:- Medley of Fresh Vegetable £0.50**

**Hot Sweet:- Firecracker Cake £0.60**

## Friday

**Main:- Battered Cod Portion with Chunky Chips £1.60**

**Vegetarian:- Roasted Vegetable Risotto £1.60**

**Vegetable:- Peas £0.50**

**Hot Sweet:- Creamy Rice Pudding with Winter Fruits £0.60**

## WEEKLY MENU Week 3

**Any Main Meal with Pudding of the Day £1.85**

### Monday

- Main:- Chicken Tikka Masala with Rice **£1.60**  
Vegetarian:- Vegetable Bolognese with Pasta **£1.60**  
Vegetable:- Green Beans **£0.50**  
Hot Sweet:- Rhubarb & Lemon Cake **£0.60**

### Tuesday

- Main:- Shepherds Pie **£1.60**  
Vegetarian:- Black Bean Quorn Vegetable Stir Fry & Noodles **£0.50**  
Vegetable:- Fresh Carrots **£0.60**  
Hot Sweet:- Fruity Rice Pudding **£0.60**

### Wednesday

- Main:- Roast Turkey with Roast Potatoes **£1.60**  
Vegetarian:- Mediterranean Tart **£1.60**  
Vegetable:- Fresh Cabbage **£0.50**  
Hot Sweet:- Oaty Fruit Crumble **£0.60**

### Thursday

- Main:- Spicy Beef Enchiladas **£1.60**  
Vegetarian:- Cheesy Macaroni Bake **£1.60**  
Vegetable:- Roasted Root Vegetable **£0.50**  
Hot Sweet:- Dorset Apple Cake with Vanilla Sauce **£0.60**

### Friday

- Main:- Jamaican Spicy Patties with Jacket Wedges **£1.60**  
Vegetarian:- Vegetable Chilli with Rice **£1.60**  
Vegetable:- Mixed Vegetables **£0.50**  
Hot Sweet:- Wholemeal Chocolate Crunch **£0.60**

# WEEKLY MENU Week 2

**Any Main Meals with Pudding of the Day £1.85**

## Monday

**Main:- Chicken Jalfrazi with Rice £1.60**

**Vegetarian:- Tomato Cheese Pasta Bake with garlic Bread £1.60**

**Vegetable:- Peas £0.50**

**Hot Sweet:- Crunchy Fruit Crumble £0.60**

## Tuesday

**Main:- Mexican Chilli Con Carne & Wedges £1.60**

**Vegetarian:- Fruity Caribbean Curry with Rice £1.60**

**Vegetable:- Fresh Carrots £0.50**

**Hot Sweet:- Jaffa Orange Sponge £0.60**

## Wednesday

**Main:- Roast Turkey with Roast Potatoes £1.60**

**Vegetarian:- Trio Vegetable Mornay £1.60**

**Vegetable:- Green Beans £0.50**

**Hot Sweet:- Apple Pie £0.60**

## Thursday

**Main:- Lasagne with Garlic Bread £1.60**

**Vegetarian:- Quorn & Vegetable Hotpot £1.60**

**Vegetable:- Broccoli Florets £0.50**

**Hot Sweet:- Zesty Bread Pudding £0.60**

## Friday

**Main:- Roasted Fish with Tomato Sauce £1.60**

**Vegetarian:- Vegetable Chilli with Pilau Rice £1.60**

**Vegetable:- Peas £0.50**

**Hot Sweet:- Carrot Cake with Vanilla Sauce £0.60**